

Julia Brown Memorial Lecture

Presented by UW-Madison Department of Kinesiology
with additional support from the University Lectures Committee



Featuring:

Bente Klarlund Pedersen, MD

Professor of Internal and
Integrative Medicine and
Infectious Disease,
Director, Centers for Physical
Activity Research, Inflammation and
Metabolism
University of Copenhagen

In over 600 publications, Dr. Pedersen's group has identified skeletal muscle as an endocrine organ that, via production of cytokines, influences the function of other organs such as pancreas, liver, brain and fat. Her translational research focuses on developing targeted exercise regimens for specific diseases- such as diabetes, obesity, cancer, lung and cardiovascular disease with the strategy "...from bedside to bench and back again".



University Lectures
UNIVERSITY OF WISCONSIN-MADISON

Myokines and Their Roles in Exercise as Medicine: Focus on Diabetes

Friday, April 12, 2019 @ 12:00 pm
Mendota Room, DeJope Hall

Associate Professor Emerita Julia Brown

From 1965 to her retirement in 1994, Julia Brown was a Professor, first in the University of Wisconsin's Women's Physical Education Department, and then in what is now the Department of Kinesiology. Her areas of study as seen in her research, publications, presentations, and workshops were international sports, women in sport, and relaxation techniques. Promoting health through physical activity was an area of interest for Julia. She was able to carry out this health promotion interest through her efforts as administrator of the Physical Education Elective Program. Thousands of students benefitted from her dedication to initiating, developing, and offering lifelong physical activity courses with the highest quality in, and national reputation for, content and instruction. A particular interest was the role of exercise and stress reduction in enhancing life for older adults. Julia led many lives: a professor, an athlete, a pilot, an author, an advocate, and a visionary. She was an adventurer with a strong spirit and generous heart. Julia Brown passed away in 2004.

